



Magazine February2012

GET IN TOUCH

If you have anything you would like to be included in the magazine or have ideas and suggestions for articles, you can contact me in the following ways.

**You can write... Robert White
48 Kentstone Close
Kingsthorpe
Northampton
NN2 8UH**

You can telephone... 01604 846125

You can E. Mail... robert@whitepack.me.uk

Deadline for next month's magazine

26.2.2012

**KCC Welcomes three new members:
Jerome Smith; Les Mallory-Starks (rejoined); Clive Shackleton;**

Membership fees are now due.

Membership costs are £15 per year for adults, £6 per year for juniors (under 18) and £20 for family (2 adults, 2 junior). Please send all fees to me by cheque (or cash hand delivery) , details within the magazine. I did look into club fees being paid online (too expensive) and by bank transfer (too many members paying the same amount into the KCC account at the same time with the possibility of no reference given) so we will have to make to with snail mail for this year at least.

2012 Club Events list.

Please find attached out approved list of club events for 2012, 32 events in all. We have two new courses this season; a new club 25 on the Broughton – Northampton A43. We will use this for the Club Championship 25 on 3rd June. Please support the event. The other event is 2 ½ laps of the Old circuit which will be measured out as a 25m TT. This will take place on 29th July. The start is likely to be near Red Lodge & the finish somewhere near Lamport (details to follow). The 50m TT remains on the A45 as no one fancied 6+ laps of the Old circuit!!!!

You will also see that I have started to populate the timekeeping & marshalling rota. Please take time to review it to see where you have been allocated to help.

1. Thank you in advance for your participation in this season' marshalling & time-keeping rota
2. The support of all members is critical for the operation and development of the Club.
3. The allocation is generally shared around the riders in the previous season, the more you ride the more you help up to a maximum of 4 events. (There are exceptions, Bob, Pat, Ken don't ride but they kindly offer their services)
4. If you already do duties for the club then you may not have as many club events allocated to you.
5. If you have been allocated a date which you cannot make, please swap with someone else AND notify me as soon as possible
6. It's always worth bringing your race kit if allocated to marshal in case we have impromptu marshals turn-up
7. If you have not been allocated a duty & would like to, please let me know & I will add you to the list, I still have gaps.
8. We need 122 helpers for our season's worth of club events
9. Please support the rota, if you are allocated a job & don't turn up, we may have to cancel that event. If you think that you may be struggling then feel free to organise a stand-in / reserve (as mentioned before – I wont be at many events this year to step in like last year)
10. Please could the timekeeper / assistant please report to the event HQ at least 45 mins before the start time. We will agree beforehand who has the numbers, watches etc
11. Please could the marshals please report to the event HQ at least 30 mins before the start time
12. HQ for the Lamport & Old events is Old village hall (as per 2011)
13. Parking isnt great at Old, so please park wisely. No parking in the cricket club allocated spaces or the road outside of the HQ please

Any questions – please let me know. This went very well last year, lets hope it continues and as we get more members we should be able to share it around more.

Gavin Hinxman
KCC TT Secretary

Cransley Hospice charity "Midnight Pyjama Walk" around Kettering. Cycle marshals required

We have been approached by Cransley Hospice to provide 4 or 5 cycle marshals (to accompany the walk). The event takes place in Kettering on Saturday evening from 10pm – c11.30pm (yes – a night walk!).

A few members of the club have been providing this service since 2006 mainly led by John Tilley but this year Adrian has the London marathon the next morning so they cant support it this time. In the past, as well as the Tilley family, Bernard, Mick Wood, Paul Brown, Mark Affuso, Phil Quincey, Shaun Bailey, Tom Bailey & Nick Dean have helped.

Could anyone support this excellent charity event again this year? Its sounds like a great event with a good atmosphere.

Please contact me to say that you can help, its just two or three hours one night. They all meet up afterwards for refreshments too, come along for the tea & cake!

Please let me know, Gavin

07740 725368 (gavin.s.hinxman@virginmedia.com)

KCC Velodrome trip, Feb 18th

Just a reminder for all those of you that have paid up to come along. We have 14 KCC riders coming along and 3 spectators. We will be joined by several of the 45RC too.

I have got the use of the minibus again & John Hardwick will be taking the 'road race' tour van, so no need for any club members to drive separately (unless they would like to!)

Ill contact you all in the next few days to agree timing but those coming on the bus will meet at Brixworth. Those going with John will meet at John's.

Gavin

NEW CLUB KIT – come, try & buy event

We are now just days away from receiving the first order for the new club kit. Its in the country & just clearing customs. The supplier "Nimblewear" has done a great job in meeting our timescales.

We need to get the kit out to all of those that wish to buy it, so we have organised a **Come, Try & Buy event. The date is Thursday 9th Feb at 7pm – 8pm at Old Village Hall**

Please come along to try on the new kit. As for sizing – it looks to be the same sizing as the Endura kit, however, that's the idea of the evening – to be able to try on & buy what fits best.

Items for sale:

Short sleeve jersey

Short sleeve skin suit

Bib shorts

Available to try on & order

Long sleeve jersey

Long sleeve skinsuit

Gilet

Lycra arm warmers can be ordered too

As for prices, we are waiting for final import tax details before we can fix the costs however it looking likely that the kit will be cheaper than the old kit. (Jersey will likely to be between £22 - £32 (depending on taxes charged) so a really good price. All prices will be published on the forum (or a separate email) before the event.

We took the decision to buy lots (15 items in each size) of the standard items (short sleeved jersey, skinsuit & bib shorts) but just one of each of the special items (long sleeved items, Gilet etc). For anyone wanting these special items, please complete an order form on the day

& we will place a second order. Delivery time will be approx 4 -5 weeks. We will also top up any standard items that we have got short on quantities on.

Please bring cash or cheques with you on the try on day if you wish to take away any kit



Club Run

January 8th

Here we are beginning another year. Seven riders met at Sainsbury's on a cloudy, but calm morning ready for the club run. They were Stu Walters, who said he couldn't stay out long, Roger Read, Adam Skelton, Jason Gadsby, Tom Perry, newcomer Rob More and Tom Bailey.

They set off along Rockingham Road and rode through Glendon and Rothwell before continuing to Harrington. They left the village and crossed the A14 to turn towards Broughton; but when they reached the turn for Old, Stu continued on towards home via Broughton and Pytchley, while the rest turned to ride through Old and then Scaldwell.

Along the way they met several cyclists including Ken Vatcher, Colin Pountney and Darren Botterill, who was riding with Rob Barker.

Maybe they were all trying to get rid of the Festive excesses ready for the new season. From Scaldwell they went towards Brixworth, but then turned to ride down the hill and across the viaduct over the reservoir, which still looks lower than usual.

At the crossroads in Holcot they turned left towards Moulton, taking the long route past Moulton College and the one way system past the church before riding to Overstone, followed by Sywell. They took the right turn just after the small roundabout to ride to Mears Ashby before going back to Kettering through Little Harrowden and Orlingbury then Pytchley.

Tom B. arrived home at about 10 minutes to 12. He had ridden about 37 miles.

January 15TH

Dave arrived at Sainsbury's to join with Roger Read, Tom Perry, Clive Shackleton and Tom Bailey for the second club run of the year. However he had suffered a broken spoke, on his ride from Desborough, which buckled his rear wheel so badly that he decided to return home. He had to loosen his rear brake cable to stop the rim from rubbing.

Tom 'phoned him later and he made it home safely, then fitted another wheel and went out again.

Meanwhile back to the club run; the weather was fine and dry, with some sun but very cold. Tom needed to be home by 11 o'clock in order to go to the N & D CA annual Lunch and Prize Giving.

Everyone was happy to stay together so the route was out to Grafton Underwood, via Stamford Road, Windmill Ave, and Deeble Road. From the crossroads at Grafton they continued through Slipton to Thrapston and turned along the valley road to Denford and on to head back towards Kettering through Ringstead and Great Addington and Cranford, Roger left the others in Addington to add a few more miles to his ride by riding through Woodford.

Tom arrived home just after 11 o'clock. He had ridden 21 miles.

January 22ND

A cool though dry morning, with a rising blustery wind greeted Tom Perry, Jon Thorne, Roger Reed, Clive Shackleton and Tom Bailey on the third Sunday of the New Year.

They rode along the Rockingham Road and turned towards Rothwell, just as they negotiated the roundabout a Red Kite flew quite low over their heads. These spectacular flyers are seen more and more around the county.

Back to the run they turned down the hill to Rushton and commenced the awkward climb out of the valley, only to be halted by Tom Perry suffering a puncture.

He replaced his tube but then decided he would return to Kettering rather than continue with the others.

They climbed the hill and turned to ride to Pipewell and on to descend the hill through Middleton past the Rockingham Forest Wheelers club room on route to Ashley. They turned right as they left the village to ride to Medbourne, only to be greeted by a road closed sign. However they decided to ride along to the road works to see if they could get past. The old railway bridge about halfway to Drayton is being re surfaced, so they dismounted and negotiated the broken up roadway before continuing to Drayton and then turned to Bringhurst before enjoying the descent into Cottingham on the recently resurfaced road.

From Cottingham they turned up the hill towards Corby, at the top Clive decided to head for home by the main road, while the others turned right to re-join their outward journey through Pipewell. Leaving the village they turned left to ride to Oakley Hay roundabout and into Great Oakley, from where they turned towards Little Oakley and then to Geddington, crossing the A43 into the village to turn at the Queen Eleanor Memorial to cross the Ise brook over the old stone bridge and on towards the A43 again, however they rode alongside the road on the cycle path, re-joining the road at Weekley and then back into Kettering.

Tom arrived home at mid-day after riding an enjoyable 33 miles.

January 29th

A dull and cold, just above freezing morning, didn't deter eight riders from meeting at Sainsbury's for another club run.

Thee riders were Dave Robinson, Jon Thorne, John Hardwick, Roger Read, Jason Gadsby, Rob More, Tom Bailey and Gary, who came along with Roger.

They rode briskly out of town to pass through Rushton and on to Pipewell and then turned past East Carlton Park, instead of turning down the hill into Middleton they continued along the ridge and turned towards Cottingham, turning to ride past the Royal George pub and down the hill to Rockingham.

Six riders then turned left towards Caldecott. John Hardwick and Garry turned to ride up Rockingham Hill and do their own ride. The others turned left in Caldecott to ride to Great Easton and climb up the road locally known as The Devil's Staircase.

The four better climbers were waiting at the junction with the Uppingham road as Tom and Roger caught up and turned left towards Medbourne the view from the top was not great as the weather had turned misty, but the descent into Medbourne was enjoyable.

From the village they rode to Ashley and then turned right to go to Stoke Albany up and down over yet more hills.

Leaving Stoke Albany they rode to Desborough in two groups, the first group of four climbed away from Stoke Albany faster than Tom and Roger and eventually disappeared from view.

Roger and Tom rode through Desborough and back to Kettering via Rushton.

Tom reached home about 10 minutes before 12. His ride was about 35 miles.

ROOM 101

The Jet Wash

L cranks circa 1984.

Fixed wheel bike for a long hilly wind-blown ride.

Purchase of an 11 sprocket cassette for those who have never broken the hour for a 25.

Afan, South Wales mountain bike trail head 2009, the coins are in the meter and two guys are copiously water spraying their mountain bikes, après ride.

A question links these four statements; Why?

Now for you roadies, and most of you reading this are roadies, will not have had need for a jet wash, sensibly you would have realised that with our Northamptonshire clay soil and particularly throughout the winter you will know that the riding best option unless you have the time and inclination to spend three hours cleaning your bike is to remain a roadie.

I once owned a book written by Steve Snowling a mechanic, within this book were pictures of how to clean your bike, remove wheels, use a bucket of soapy water, use brushes, etc.

I am sure he did what most upper middle class people do to their house before their cleaners start work; they have cleaned the house previously to save embarrassment. In Snowling's case he had already cleaned the bike because the soap suds were perfect white.

Back to the two Mountain bikers in Wales, it wasn't a particularly mucky ride, perhaps a few splashes of dirty water under the down tube; the cranks and underneath the saddle, that sort of thing but no, they wanted to meticulously clean their full suspensions bikes, chainset; pivots; forks and all. With the full 100PSI of jet wash. This is a mistake.

Now I knew this in 2009, I still knew it in 2010, so why in the name of all that is holy did I choose to put my coins into the jet wash meter at Llandegla mountain bike centre, North Wales, après ride in November 2011.

My bike was dirty, clumps of mud on the down tube, around the bottom bracket, on the tyres, but that didn't matter because unlike some people who have to put there bike back into their shiny hatchback, risking muddy tyres rubbing on the white felt inner roof, clumps of still wet mud soiling the seats, I have like many; a roof rack.

So I arrive home with a clean bike, I lube the chain, hang up my mountain bike in the knowledge that like Murmansk, North Russia, it probably won't see the light of day until February.

But during this winter hibernation the jet wash has started its evil work, the 100PSI pressure has wormed its way into the bottom bracket and come the late January check over, sure enough, the BB spindle which was functioning perfectly in November now needs more torque. A lot more torque because it's rusty. If Mark Cavendish was able to turn it at 100 RPM then it would get so hot the bearings would melt.

Jet washes; for patio use only.

ROOM 101

The Word Steed

Please don't use the word steed when describing your bicycle. It's annoying. Please use for describing your horse only, if you would be so kind.

Robert White

Towcester A5 Rangers Cycle Jumble Sale
Sunday 12th February 10am to 2pm, Clubroom Watling Street

A word from our new Press Secretary:

I would just like to take this opportunity to introduce myself as the club's new Press Secretary. I would also like to thank Bernard Smith for all his hard work over the years in this role and i hope to continue his hard work.

So if you have any results or details of upcoming events that you think will be of interest to the press or other club members then please contact me as below;

email: jones-stuart@sky.com

home: 01933 315150

mob: 07762740123

I should be able to keep track of our own KCC events. But if you are competing further afield then please let me know. I would be grateful if you could include details of other KCC member's times and a short report of the event. Results for inclusion in the Evening Telegraph really need to be with me by Sunday evening so i can forward to the ET on Monday.

I wish you all a safe and successful season.

Stu Jones

What's On

February 2012

Thurs 2nd - Chain gang ride, Telford Industrial Estate, Kettering, 1900 hrs start.
(Suggest checking forum as can be affected by weather etc)

- Off-road MTB club run, Woolpack, Islip, 1830 hrs start. (Suggest checking forum as can be affected by weather etc)

Sun 5th - KCC Club run, meet at Sainsburys, Kettering, 0930 hrs start.

Thurs 9th - Chain gang ride, Telford Industrial Estate, Kettering, 1900 hrs start.
(Suggest checking forum as can be affected by weather etc)

- Off-road MTB club run, Woolpack, Islip, 1830 hrs start. (Suggest checking forum as can be affected by weather etc)

Sun 12th - KCC Club run, meet at Sainsburys, Kettering, 0930 hrs start.
Cycle Jumble Sale, Towcester A5 Clubroom 10.00am-2pm

Thurs 16th - Chain gang ride, Telford Industrial Estate, Kettering, 1900 hrs start.
(Suggest checking forum as can be affected by weather etc)

- Off-road MTB club run, Woolpack, Islip, 1830 hrs start. (Suggest checking forum as can be affected by weather etc)

Sat 18th - Newport Velodrome track session, 1700 to 2000 hrs, see forum for details.

Sun 19th - KCC Club run, meet at Sainsburys, Kettering, 0930 hrs start.

Thurs 23rd - Chain gang ride, Telford Industrial Estate, Kettering, 1900 hrs start.
(Suggest checking forum as can be affected by weather etc)

- Off-road MTB club run, Woolpack, Islip, 1830 hrs start. (Suggest checking forum as can be affected by weather etc)

Sun 26th - KCC Club run, meet at Sainsburys, Kettering, 0930 hrs start.

March 2012

Thurs 1st - Chain gang ride, Telford Industrial Estate, Kettering, 1900 hrs start.
(Suggest checking forum as can be affected by weather etc)

- Off-road MTB club run, Woolpack, Islip, 1830 hrs start. (Suggest checking forum as can be affected by weather etc)

Sat 3rd - Road Race, NCRA Handicap Series 1 - Race 1 of 5 - 48km, Husbands Bosworth, 1400 hrs start.

Sun 4th - KCC Club run, meet at Sainsburys, Kettering, 0930 hrs start.

- Open Time Trial, Kettering Hilly '20', Brian Charouneau Memorial, 1000 hrs start.

Sat 10th - Road Race, NCRA Handicap Series 1 - Race 2 of 5 - 48km, Husbands Bosworth, 1400 hrs start.

Sun 11th - KCC Club run, meet at Sainsburys, Kettering, 0930 hrs start.

- Club Time Trial, Weekley 10, Northern Bypass, Kettering, 0900 hrs start.

The Foxhall Inn

A local paper report has surfaced recently by 'Wheelman', it tells of the Kettering Amateur C.C. 50th Anniversary Luncheon, held at the Foxhall Inn in 1941. There were 50 members present, and amongst the prize winners were Frank Sheppard and Benny Foster, later to be England Team Manager.

The Foxhall Inn was situated on the opposite side of the road to the five remaining cottages of Foxhall, but was pulled down in 1943, due to the close proximity of Harrington Airfield, which was just being built. The road from Rothwell to Lamport had a sharp double-bend at Foxhall, but after the closure of the airfield the road was straightened out, leaving a 'T' junction at Foxhall.

There is a photograph of the Foxhall Inn in the Carpetbaggers Museum of Harrington.